

EMOTION THE METHOD OF PHILOSOPHICAL THERAPY

Oct 23, 2020



[Emotion The Method Of Philosophical Therapy](#)

History of Western Philosophy. History of Western Philosophy; Ancient Greek and Roman Philosophy; Medieval and Renaissance Philosophy; 17th/18th Century Philosophy; 19th Century Philosophy; 20th Century Philosophy; History of Western Philosophy, Misc; Philosophical Traditions. Philosophical Traditions; African/Africana Philosophy; Asian ...

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[Emotionsfokussierte Therapie – Wikipedia](#)

Emotion Focused Therapy recognizes the importance of emotions and places them front and center in therapy sessions. This renewed focus on emotions in therapy started in the 1980s when Dr. Sue Johnson realized that many popular relationship interventions basically ignored emotions (Good Therapy, 2016). Later, Dr. Leslie Greenberg and Robert ...

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Die Emotionsfokussierte Therapie ist ein wissenschaftlich fundiertes Psychotherapieverfahren. Sie nutzt Emotionen als wichtige Ressource in der Arbeit mit psychischen Schwierigkeiten und zur Förderung der persönlichen Weiterentwicklung. Diese Seite stellt Ihnen Informationen zur Emotionsfokussierten Therapie sowie zur Fort-, Weiterbildung, Supervision und Therapie zur Verfügung. Wir ...

[Journal of Philosophy of Emotion](#)

A contemporary philosophical therapy disposes of a rich inventory of divergent (and even opposing) methods which can be adapted to the patient's individual environment and risk-profile. The history of therapeutic philosophy is a movement towards conceptual freedom. Philosophical counseling, which partly uses philosophical concepts like a toolbox, marks the tentative peak of this development.

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Emotion : the method of philosophical therapy. Warren Shibles. Language Press, [1974] pbk

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The Gottman Method for Healthy Relationships is a form of couples-based therapy and education that draws on the pioneering studies of relationships by psychologist John M. Gottman and clinical ...

[The Feeling Theory of Emotion and the Object?Directed ...](#)

The philosophical methods required for untying these troublesome knots he called "therapies." Therapy in the philosophical sense comes from the client's increased understanding, self-awareness, and feeling of well-being -- all products of a careful exploration, in tandem with a skilled philosopher, of herself and the world around her.

[Erik Gotfird, Three Theories Of Emotion: Some Views On ...](#)

Emotionally focused therapy and emotion-focused therapy (EFT) are a family of related approaches to psychotherapy with individuals, couples, or families. EFT approaches include elements of experiential therapy (such as person-centered therapy and Gestalt therapy), systemic therapy, and attachment theory. EFT is usually a short-term treatment (8–20 sessions).

[Are Gottman Method and Emotionally Focused Therapy \(EFT ...](#)

5. The Early Evaluative Tradition in Philosophy: Emotions as Judgments . Evaluative theories of emotions, a.k.a. cognitive theories of emotions, became popular in both philosophy and affective science roughly in the 1960s and come in many flavors. A key distinction is that between constitutive and causal evaluative theories.

[Philosophical counseling - Wikipedia](#)

Since all humans have emotions and most non-human animals display emotion-like responses, it is likely that emotions (or emotion-like behaviors) were present in a common ancestor. Moreover, emotions appear to serve an important function, which has led many to think that the certain emotions have been selected to deal with particular problems and challenges that organisms regularly encounter ...

[Emotion, Thought, and Therapy: A Study of Hume and Spinoza ...](#)

CHAPTER Methods of Treatment CHAPTER OUTLINE TYPES OF HELPING PROFESSIONALS 104 PSYCHOTHERAPY 104–125 Psychodynamic Therapy Behavior Therapy Humanistic Therapy Cognitive Therapy Cognitive-Behavioral Therapy Eclectic Therapy Group, Family, and Couple Therapy Evaluating Methods of Psychotherapy Multicultural Issues in Psychotherapy Ethnic Group Differences in Use of Mental Health Services Raci

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Introduction. Socrates considered philosophy to be, among other things, a form of talking therapy, a sort of medicine for the mind. Within a few generations of his death, this idea of philosophy ...

[Emotion, thought & therapy : a study of Hume and Spinoza ...](#)

Emotionally Focused Therapy (EFT) is a short-term form of therapy that focuses on adult relationships and attachment/bonding. The therapist and clients look at patterns in the relationship and ...

["Psychotherapy According to the Socratic Method ...](#)

For experimental philosophers seeking to investigate the sources, character, and distribution of intuitions of philosophical interest, the primary method has consisted of asking subjects questions about hypothetical scenarios, or less frequently, about principles or generalizations. The evidence has been responses (whether binary [yes/no] responses or graded [Likert scale] responses) to such ...

[Music therapy - Approaches in music therapy | Britannica](#)

Seneca on the Analysis and Therapy of Occurrent Emotions

[The Basic Methods of Therapy - Verywell Mind](#)

Social Psychological Methods of Emotion Elicitation Social psychology has long embraced the study of emotion. In an early experiment, Schachter (1959) induced anxiety to examine its effects on affiliation. Schachter's original description of the anxiety manipulation illustrates many of the methodological features of social psychological experiments.1 "In the high anxiety condition, the ...

[General Aspects The Philosophy of Cognition and Emotion ...](#)

Rhonda Goldman on Emotion-Focused Therapy for Individuals and Couples - Duration: 28:59. Psychotherapy Expert Talks 9,466 views. 28:59. What is the difference between Person-Centred Counselling ...

[0520032888 - Emotion, Thought, and Therapy: a Study of ...](#)

Dynamics of experience as such and its corporeal, emotional and cognitive elements in the situation of psychological consulting provisioning is covered. The aim of research was to study psychological crisis experience dynamics in the situation when psychological consulting by gestalt therapy methods is provided. Theoretical analysis of the ...

[Emotion, thought & therapy: a study of Hume and Spinoza ...](#)

Emotion management and occupational therapy student learning on placement: a post-structuralist exploration. Introduction: The role of emotion management and emotional labour has been extensively debated and theorised in nursing and medical literature but until recently there has been very little written from an occupational therapy perspective Method: This doctoral research explored the ...

[Measuring the contribution of art therapy in ...](#)

Adlerian Therapy ... Adler thinks that encouragement is the most powerful method of changing a persons beliefs - it can help build self-confidence and stimulate courage. Therefore, discouragement is that basic condition that prevents people from functioning. Clients of Adlerian therapy are encouraged to recognize that they have the power to choose and act differently. Adler also feels that ...

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Philosophical counseling always relates to individual questions by using the means of philosophy and, where it is understandable to do so, the methods of psychotherapy. Which methods are applied? Empathic listening in a client-centered therapy approach (Rogers) is just as much a part of this as EMDR (Eye Movement Desensitization and Reprocessing) in the event of emerging trauma or post ...

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